

How to upload videos to Vimeo and publish them in Canvas:

Background:

Vimeo is a great platform to host instructional videos because of the secure storage, consistent and smooth playback, and the clean integration into Canvas! If you already have a Vimeo account, you can start uploading!

Creating an Account:

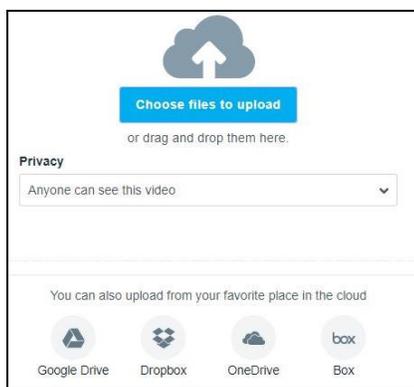
To create your account, visit the [Vimeo website](http://vimeo.com). (http://vimeo.com) Several UO departments have Vimeo accounts which provide faculty with more storage than the “free” account type. Check with your department to see if they have a Vimeo account. If they do, please follow instructions in Vimeo for UO Departmental Accounts.

Requirements:

- Connect to internet using an Ethernet cable, to maximize connection speeds and reliability.
- Accepted file formats include MP4, MOV, WMV, AVI, and FLV.
- Check the size of your video; you may need to condense the video if it exceeds the weekly storage limit. (This is for users who have a free account, not departmental accounts.)

Instructions:

- A. Upload to Vimeo:
 1. Navigate to the [Vimeo website](http://vimeo.com).
 2. Select “**Log-In**” and enter your username and password
 3. Click on the “**Upload**” tab, then “**Choose files to upload**”, or drag and drop the files directly



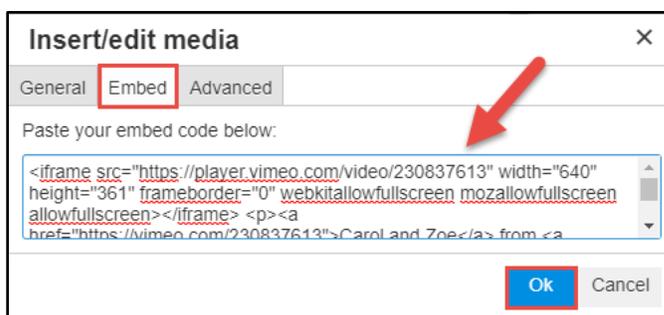
4. Once the video has started the upload process, you can enter in a title, add tags, select language, and set a privacy setting
 - a. With the Vimeo Basic account, please select **“Public”** – you can go into the Privacy Settings of the video later and specify detailed settings (since this is a **“Public”** video, it should not include any students either visually or in the audio, due to FERPA. The exception would be if the student has signed a release)

- b. Make sure to select the **“Save”** button at the bottom of the page
5. Once the video has finished uploading, select **“Go to Video”**
6. In the video player, select the **“Share”** icon 
7. Next, highlight and copy the **Embed** link (This link will be used in Canvas)

B. Add the video and publish it in your Canvas course:

1. Navigate to [Canvas](#).
2. Select your course
3. Create a new item, or use an existing Page, Assignment, Discussion, or Quiz
4. When you are in edit mode:
 - a. select the **“Insert/edit media”** button on the 2nd row of button
 - b. click on the **“Embed”** tab

- c. paste the **Embed code** you copied from Vimeo
- d. click on **Ok**



5. Next, add instructions or information with the video

6. When finished, select “Save & Publish” or “Save” at the bottom of the page



Resources:

1. Study: [How video Production Affects Student Engagement: An Empirical Study of MOOC Videos](#)

UO Ed Tech + Canvas Support Office

UO Libraries Center for Media and Educational Technologies (CMET)

Knight Library, room 19

541-346-1942

<http://library.uoregon.edu/cmet>
